

YOUR **50l** OR LESS GUIDE TO PER DAY



This is a guide for 50l per person per day. Your actual usage will depend on your appliances and personal preferences.

Source: www.capetown.gov.za/thinkwater

WESTERN CAPE GOVERNMENT
Metro East Education District

Together we can avoid Day Zero

Your guide to 50l or less per day:

10 l – Laundry	<ul style="list-style-type: none"> • 1 machine load (70 l) per week = 10 l/day • 1 handwash basin = 9 l
10 l – Shower	<ul style="list-style-type: none"> • Stop-start (with hair wash) • No hair wash = 5 l • Sponge bath = 5 l
9 l – Flushes	<ul style="list-style-type: none"> • One Flush • Use greywater – 0 l • If it's yellow let it mellow
2 l – Brush teeth wash hands	<ul style="list-style-type: none"> • Wash hands with waterless sanitiser = 0 l
1 l – Pets	<ul style="list-style-type: none"> • Small to medium sized pets
9 l – Dish washing	<ul style="list-style-type: none"> • 1 Sink wash a day or 1 economy load (29 l) every 3 days = 9 l/day
3 l – Drinking	<ul style="list-style-type: none"> • Water, tea, coffee
1 l Cooking	<ul style="list-style-type: none"> • Food prep and cooking
5 l – House Cleaning	<ul style="list-style-type: none"> • Clean every second day • Use waterless products = 0 l